NORA FRASER

<u>Pauingassi</u>

My watercolour paintings are inspired by my spending time in a remote community in northern Manitoba.

Pauingassi is an Anishanaabe First Nation 280 kilometres northeast of Winnipeg. It is 24 kilometres from Little Grand Rapids and it is on a peninsula jutting southward into Fishing Lake.

In this exhibition the water colour paintings that you see are references to that point of arrival in this northern location.

Fishing Lake is a short walk from my residence. I can also walk behind my home here and see a beautiful setting of a sandy beach and shoreline and the expanse of water.

Observing the gentle movement of the lake water is very calming. Seeing the waves pick up speed on a windy day reminds me that I am happy to be on land and not bouncing around above the turbulent waves in a float plane or helicopter.

Standing on the shore and looking at the rays of sun glinting off golden brown and pinkish rock formations convinces me that living in this kind of isolation deepens my mind and soul. Boredom is never a part or piece of my thoughts.

Walking to the dock where the float plane lands is not far. I believe it is less than 2km. I can walk farther in either direction and also observe rock formations spreading and touching the beautiful waters of Fishing Lake. The tree line of spruce and pine trees are equally appealing.

At my age of 73, I don't skitter about on the rocks but I did see children fishing from them as easily as a city child running on flat prairie sidewalks.



CELEBRATING MANITOBA'S NORTH #1
Watercolour \$150.00 16 x 20 inches



THE BEAUTY OF THE NORTH #2Watercolour \$150.00 16 x 20 inches

From 2016 I have seen the rock surfaces change because of erosion. Because of my imagination quite frequently I see lines and marks on the rock surfaces that resemble sea creatures encased in a mystery of their own making,

My resource for painting is there for me in different ways. The paintings that you see in this gallery show are more realistic than my usual fare. They are also gestural. I have purposely left some spaces open as though unfinshed and in suspense.

I am truly celebrating my Pauingassi home and I hope you celebrate with me.